

What to pack for Thailand with kids

Family Trip
Picks

A printable checklist - tick ✓ and fly relaxed

Documents and money

- ☐ Passport valid at least 6 months from the day you enter Thailand
- ☐ Flight confirmations and hotel bookings, printed or saved offline
- ☐ Travel insurance that covers kids and water activities
- ☐ Credit cards + cash for the first day or two (baht)
- ☐ Driver's license if renting a car or scooter
- ☐ Check current visa requirements before you fly

The flight (about 11 hours)

- ☐ Familiar snacks - well beyond what seems reasonable
- ☐ A tablet loaded with movies and games, plus kids' headphones
- ☐ A full change of clothes for each kid, and a shirt for the parents
- ☐ Wet wipes and small garbage bags
- ☐ Empty water bottles - fill them after security
- ☐ A new small game or coloring book, kept as a surprise

Health

- ☐ SPF50 sunscreen - bring it from home, it is expensive there
- ☐ Kid-safe mosquito repellent (for dusk)
- ☐ Soothing cream for bites
- ☐ Familiar medicines: fever reducers, antihistamines
- ☐ Band-aids and a thermometer
- ☐ Regular medications + prescriptions, in carry-on

Clothes for heat and humidity

- ☐ Light, breathable clothes - you do not need many
- ☐ A wide-brim hat for each kid
- ☐ Two swimsuits per kid - one is always wet
- ☐ A long-sleeve UV shirt for the sea and pool
- ☐ A light long sleeve for evenings, against mosquitoes
- ☐ Sandals + comfortable walking shoes
- ☐ A light poncho - the rain is short and heavy

Gear worth its space

- ☐ A light folding stroller - not the big one from home

Beach and pool day

- ☐ Floaties or a swim vest for the little ones
- ☐ Water shoes - rocks and coral hurt

- ☐ A baby carrier - easier than a stroller in streets and markets
- ☐ A universal power adapter
- ☐ A waterproof phone pouch for the sea and boats
- ☐ A folding laundry bag

- ☐ A dry bag for documents on the boat
- ☐ Quick-dry towels

The night before

- ☐ Online check-in and seat selection
- ☐ Weigh the suitcases against the baggage allowance
- ☐ Download offline maps (Google Maps)
- ☐ Photograph the passports and email them to yourself
- ☐ Charge every device + a power bank

Our tip: Less is more. Almost everything is cheap to buy in Thailand - clothes, towels, toys. The best suitcase is the one with room left for the shopping on the way back.